

YOUTH CARE G.R.I.T.

GROWTH RESILIENCE INTEGRITY TRACTION

FREQUENTLY ASKED QUESTIONS

What is Experiential Learning?

An alternative name sometimes used is Active Learning, where a task, game or challenge is given to a group or groups. From there analysis, strategy, failure (often repeated failures) and reflection eventually lead to success. A guided discussion then takes place to unpack the process, reflect on any learning and apply that learning to life.

How long does the program take to run?

The program can be delivered in 10 one hour sessions over a term or over two full days. The games could also be used on a one off basis where applicable. (NOTE: I am a little hesitant with the one off thing as there is no chance for the learning to build and the positive group processes to form. One offs/top ups can come after the 10 week program)

How much does the program cost to run?

The cost YouthCARE charges covers the cost of the resources: resources are – student booklet @ \$5 (still waiting on confirmation for this) per student, G.R.I.T. certificate @ \$2 per student, G.R.I.T. pin @ \$2 per student plus a \$50 charge for postage, handling and processing.



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Who can run the program?

Only trained YouthCARE G.R.I.T. Facilitators can run the program because Experiential Learning leads to powerful discussion and reflection processes that needs skilful management and direction in order to get the most value.

Who is the program targeted for?

The program is targeted at year 6 students transition from primary to high school however the program can be adjusted for leadership, resilience, emotional intelligence building program for high school ages to adults.

Objectives of the program?

Provide 'tools' for young people through experiential learning – a style of learning that embraces the value of personal experience and provides opportunities for reflection and life change by building resilience and problem solving and coping mechanisms, which can benefit them through the transition from primary to high school and other life situations. In a broader sense, it teaches teamwork, Listening skills, communication skills, problem solving, thinking outside the box and developing resilience.

How do you book in to get trained?

The chaplain or school staff member emails training@youthcare.org.au and request training dates and then be booked in for the free 2 day training for YouthCARE Chaplains and an accompanying DoE staff member.



youthcare.org.au/GRIT



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How do I register my G.R.I.T. program for students and order my resources?

After the training you will be emailed an 'admin' kit with pre and post evaluation forms for students and the workshop/program registration form. Once you are ready you email your registration form through to training@youthcare.org.au

Can someone come to my school to run the program?

Yes, we do have a trained facilitator that is an expert in experiential learning. The cost for a day is \$ 450. (Plus travel/accom in the country if needed?)

What equipment is required?

Most equipment is supplied in the free kit that comes with the training. Schools need to supply large items like a bikes, hoola hoops or lengths of PVC pipe which are readily available or cheap to source.

Is it just a 10 week program? It can be, BUT there is enough other games, challenges and ideas in the supplied resource books to run activities for a whole year, plus access to a web data base for your first year.

