

Duncraig SHS festival a hit

Semester 1 at Duncraig SHS ended with a bang as the annual ALIVE Festival took centre stage.

The three-day event, which has been running for more than 12 years, is coordinated by chaplain Jayden Brand and encourages students and staff to live mentally, physically and socially healthier.

Each year the festival carries a different theme and for 2017, it was 'Groovin the You'.

"The idea behind 'Groovin the You' - as chosen by the students - was all about embracing who you are and staying true to yourself, because when you're truly being yourself, that's when you're in your best groove," Jayden said.

The days were full of all kinds of activities: inflatable wipe-out machine, bubble soccer, archery tag, photo booth, UV DJ room, talent show, chill zone with mindfulness activities, staff vs student tournaments, extended recess and lunches, Health Expo, inflatable obstacle courses and bungee run.

There were also motivational talks from Adam Przytula and Marksman Lloyd from Armed for Life and an opportunity for students to throw a cream pie or dunk some very willing and courageous staff.

Local musician Kurt Carrera and band The Faux entertained the crowd along with a DJ and several student bands.

The Antipodeans team manned a Krispy Kreme fundraiser stall where all proceeds will go towards community projects they will be undertaking in India for three weeks in December.

"It's a great opportunity for the whole school community, staff and students to have a bit of fun, be encouraged after a full semester, for positive relationships to be continually established and to hit the second half of the year with a bit of fresh air," Jayden said.

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